

Shinney

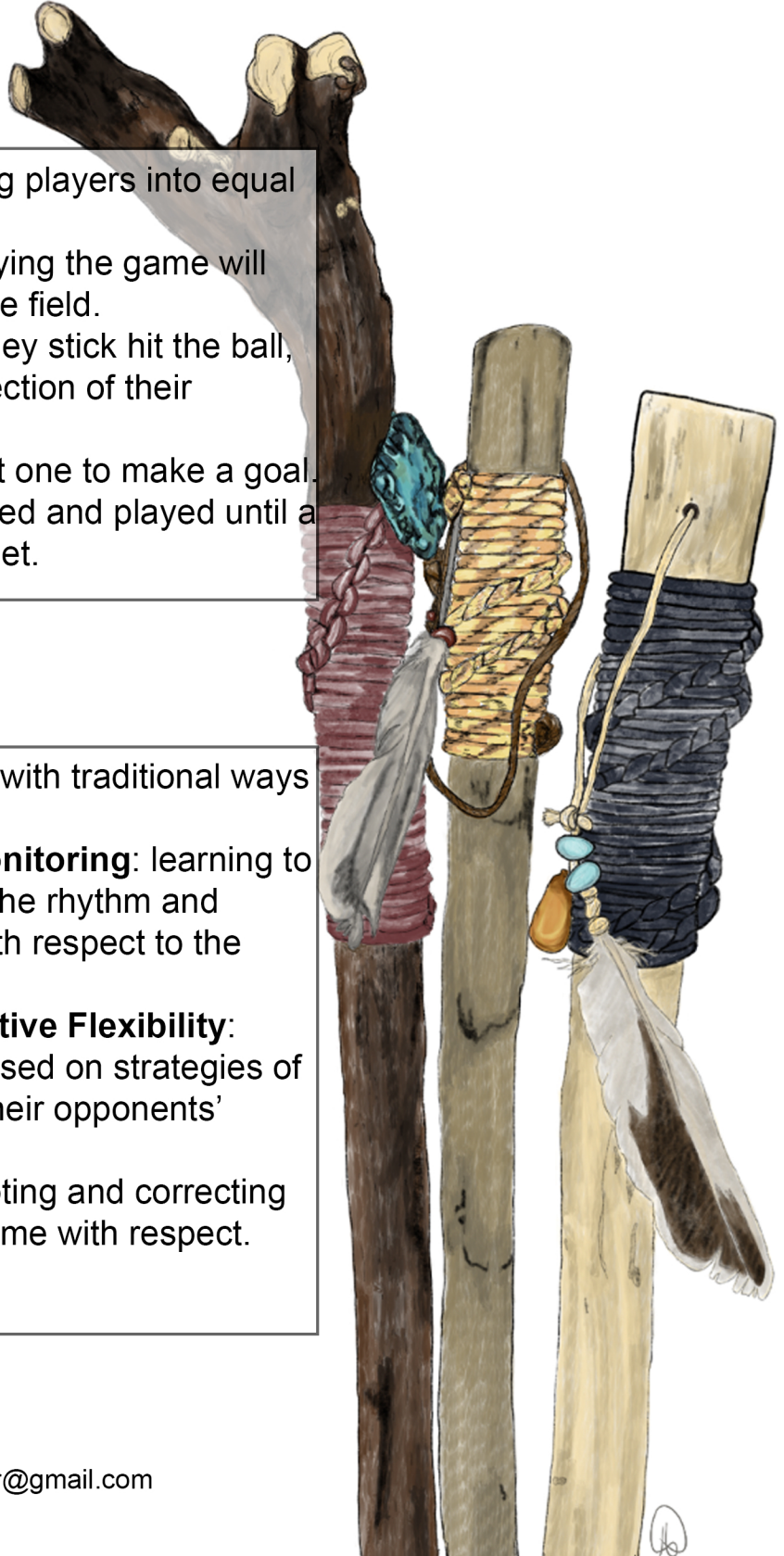
Mootsi'naa

How to Play

1. Begin the game with dividing players into equal numbers for each team.
2. An individual who is not playing the game will drop the ball in the center of the field.
3. Each player will use a shinney stick hit the ball, or their feet to kick it in the direction of their opponent's goal.
4. The winning team is the first one to make a goal.
5. Another round can be initiated and played until a desired number of goals are met.

What They Learn

1. **Blackfoot culture:** engaging with traditional ways of learning skills.
2. **Sustained Attention and Monitoring:** learning to attend to the target to calculate the rhythm and timing of the ball's movement with respect to the stick.
3. **Problem Solving and Cognitive Flexibility:** formaking accurate decisions based on strategies of skill movement and intuition of their opponents' actions.
4. **Emotional Control:** by accepting and correcting mistakes and/or losses of the game with respect.



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