

# Rock in Fist

## How to Play

1. Players sit on the floor across from each other.
2. On the floor in the center is a small rock for hiding and three sticks for score keeping.
3. The player hiding the rock takes the rock and shifts it from hand to hand in front or back or side to side until they are ready to “show” their closed fists.
4. Both hands must be presented out in front with fists closed.
5. The guesser points to the hand they think the rock is in. If the guesser chooses the location of the rock, they

## What They Learn

1. Blackfoot culture: engaging with traditional ways of learning skills.
2. Attention and Working Memory: is necessary to observe and remember tactics the hider uses to deceive the guesser.
3. Monitoring is required to track the body movements and body language of the hider.
4. Emotional Control: by



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