# **Rock in the Fist**

**"Oohhkootooks'ssaamaa'aapii– Teepee Rings.** Rock in the fist reminds me of the times of teepee rings. It describes when we had to use rocks at times to secure the teepee to the ground. Now when you travel along the prairie you can find teepee rings from long ago, even hundreds of years ago. One by my father's place is filled with cedar. That cedar has not grown anyplace else but in that teepee ring.

When we walked along the river we were always looking for fancy little rocks to play with. The three sticks are made out of red willow**a'painikimii.** But the willow is not really a willow it is an osier.

To begin, you need to decide who is going to play first. The first player rubs the rock in both hands behind their back. Then bring both hand up to make sure the rock isn't visible. Even babies can play this game and communicate the hand chosen with their eyes. If the guesser choses the

wrong hand, the hider gets a stick. If you miss three times in a row, the hider would win the game. If the guesser is correct, they would get the rock and a chance to hide. If the other player guessed you right, they would get the rock back, but if they guessed you wrong, you would get a stick. This process goes back and forth until a player gets all three sticks".

(Mary Ellen Little Mustache)

This game uses a small rock that can be hidden in the players fist and three sticks to keep score. The sticks can be three to six to twelve inches in length. The players sit across each other with the sticks in the center. With correct guesses of the rocks location, sticks are collected on the winners side. The players play until all three sticks are on one side. "After everyone has learned to play the game, a tournament can be held" (Brady-Leader, 2013).

References

Little Mustache, M.E. In conversation, 2020

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# **Hiding Games are**



## **Games that Develop Strong Intuition**

## The Rock in Fist game is a hiding game that the youth learn to master and leads up to the hand/stick game (Brady-Leader, 2013).

- Playing guessing games in games of chance and intuition can enhance the learning process of observations of body language and expression to be remembered for future engagements and mastery of intuition (Kelley, McNeely, Serra & Davis, 2021).
- Younger children are thought to have less intuition than older children or adolescents and that intuition requires developing skills. This concept fits well with the developmental trajectory for the prefrontal cortex of the brain that houses executive functions. Developing good intuition requires integration of information at a pre-conscious level before decisions can be made (Segalowitz, 2007).
- Children as young as age five or just prior to learning formal instruction can develop intuitive reasoning through the probabilities of expectations and values (Schlottmann, 2001).

### References

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