



Executive Functions of Storytelling

EF	STORYTELLER	AUDIENCE
Inhibition	Inhibition of impulsive tendencies to	Inhibition of distractions to maintain
	insert too many distracting details.	attention and capture the essence of
	Inhibition of tendencies to change	the story.
	the pace of the story resulting in a	
	less effective story.	
Shifting	Shifting attention at the right	Ability to shift attention with the
	temporal sequence of events to	orator of the story to maintain the
	generate flow of the story.	temporal sequence of events.
Working	The maintain a working memory of	Maintain a working memory of
Memory	the storyline sequence interspersed	events interspersed with creative
	with expressions and told in the	expressions to capture the essence
	proper sequence to convey the	of the story. Utilizing working
	intended meaning.	memory when passing the story
		along to others.
Planning	Planning creative ways to capture	Planning of creative ideas that
	the audience into a storyline.	enhance the details to pass stories
	Planning the delivery of a story.	along to others.
Emotional	Regulating impulsive actions or	Maintaining attention and inhibition
Control	speech to convey an accurate	of potential distractions and
	meaning of the story.	emotional reactions.
Monitoring	Updating each event and	Monitoring and updating the
	descriptions used in the story with	storyteller's sequence of events and
	the new events and descriptions to	descriptions to capture the essence
	be told.	of the story.
Organization	Organizing materials in a timely that	Organizing thoughts and memory of
of Materials	will be used during the storytelling	the sequence of events told in the
	event. Organizing memory of the	storyline to be remembered and
	storyline to be told in sequence.	passed along to others.
Initiation	Initiation of creative expressions and	Initiation of creative thoughts and
	details to capture the audience in	activities from hearing stories to
	the story.	pass along to others.